



NEXUS



WHERE TECHNOLOGY MEETS TALENT



***PLAYER DEVELOPMENT
DOSSIER***

ITINERARY

- WELCOME PRESENTATION
- GPS SESSIONS
- STATE OF THE ART EQUIPMENT
- NEXUS TRAINING KIT PROVIDED FOR 6 WEEKS
- PLAYER MAKER TECHNO FOOTBALL BOOTS SESSION
- DATA SHARING
- SHOOTING SPEEDOMETOR
- FITNESS TESTING WITH ELECTRONIC SPEED GATES
- MASTERCLASS SESSION
- DETAILED AND STRUCTURED SESSION PLANNING
- WEEKLY ZOOM Q&A RELATING TO THE TOPIC INCLUDING AN INTERVIEW WITH A PRO FOOTBALLER
- 1V1 TOURNAMENT EVENT
- SPECILAISED SPCIFIC COACHING THEMED WEEKS
- BARNSELY FC MATCHDAY EXPERIENCE – LEGENDS SUITE & TOUR
- FITNESS TESTING
- KAYODE ODEJAI PHYSICAL HYBRID WEEK
- MEDIA TRAINING AND PLAYER INTERVIEWS
- PROFESSIONAL PHOTGRAPHY DAY
- AWARDS CEREMONY
- PREFORMANCE REVIEW
- VEO – FILMING DAYS
- ANALYSIS SESSION
- DIET PLAN & NUTRITIONAL & HELTHY LIVING GUIDANCE
- PLAYERS OF THE PROGRAM X2 MAN UTD TICKETS
- FOOTBALL SESSIONS, GUIDANCE DELIVERED BY UEFA A – PRO LICENCE COACHES ASWELL AS PRO AND EX PRO PLAYERS.



OVERVIEW

Momentous football academy present NEXUS where Technology transforms football.

Our state-of-the-art football training technology consists of a 6-phase training model using the most effective aspects of analytical and global training methodology.

Nexus provides football players with effective development in 4 key areas (technique excellence, tactical prowess, vision & creative mentality, physical strength) within one innovative system through a 6-week multidisciplinary approach.

Nexus is a detailed system which profiles and evaluates players based on data and the results and progress achieved in training.

Football has evolved in which Nexus provides different parameters and adjusts training proposals depending on the progress and profile of the player.



PHASE 1

TECHNICAL EXCELLENCE

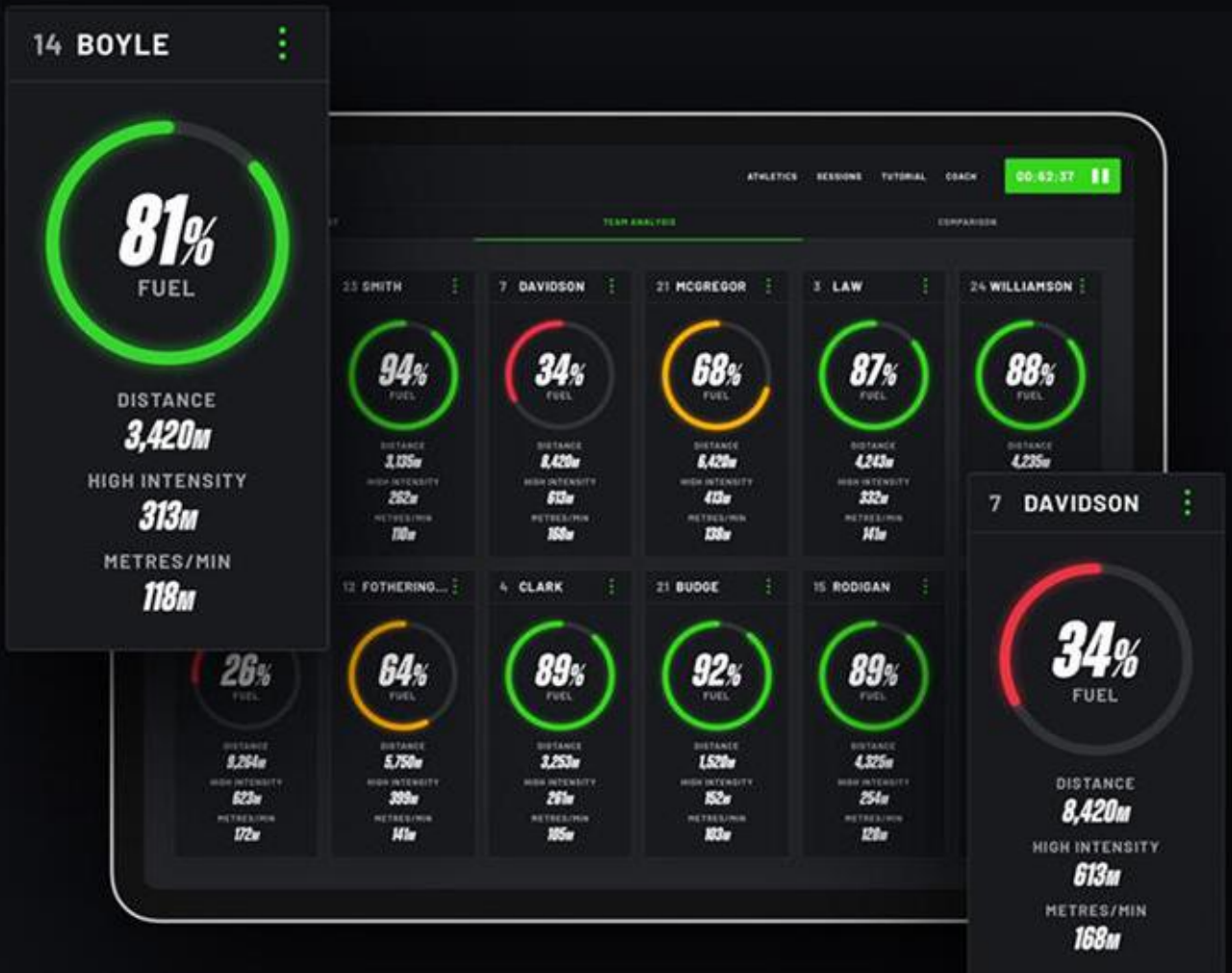
COACH	MORGAN KYLE
KEY FACTORS:	<ul style="list-style-type: none">RECEIVING SKILLSASSURED FIRST TOUCHRUNNING WITH THE BALL IN A VARIETY OF WAYSRANGE AND VARIETY OF PASSINGPRECISION FINISHING
TECHNICAL ZOOM:	Q&A WITH MORGAN KYLE WHERE HE WILL LINK TECHNICAL DETAIL WITH PHYSICAL TRAINING METHODOLOGY



PHASE 2

PHYSICAL STRENGTH

COACH	KAYODE ODEJE
KEY FACTORS	<ul style="list-style-type: none">RECEIVING SKILLSASSURED FIRST TOUCHRUNNING WITH THE BALLRANGE OF PASSINGPRECISION FINISHING
PHYSICALITY ZOOM:	Q&A WHERE KAYODE WILL LINK ASPECTS OF PHYSICALITY WITH THE MENTALITY TO SUCCEED



PHASE 3

MASTERCLASS

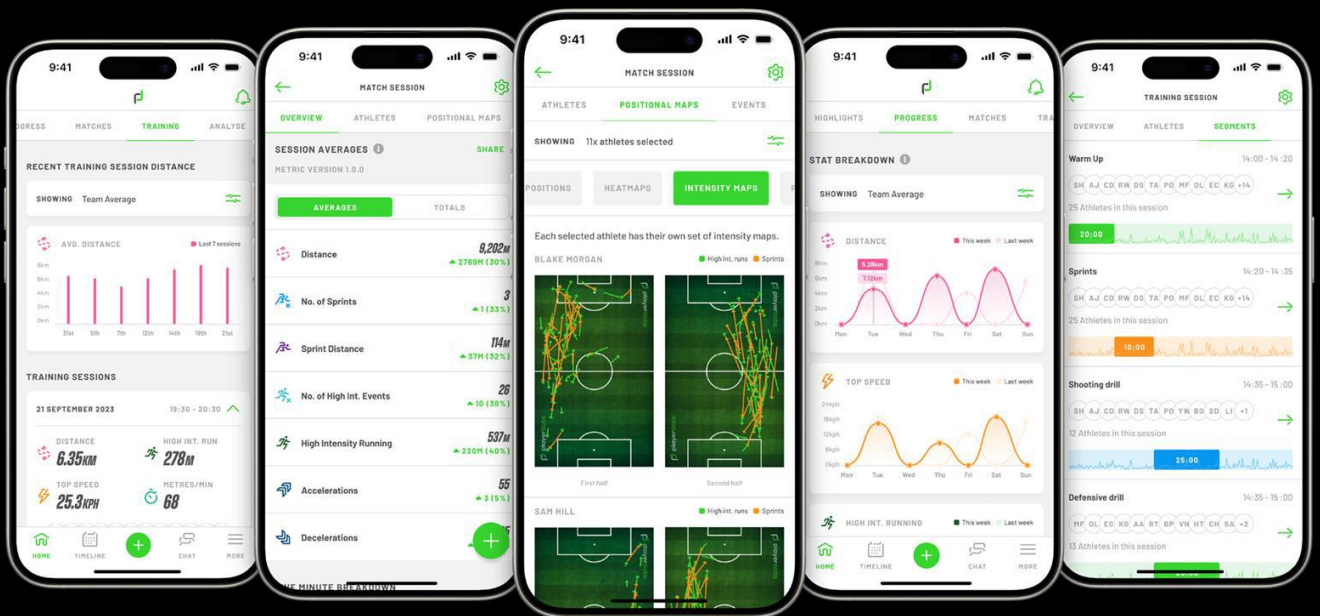
COACH	MARTIN DEVANEY
KEY FACTORS:	<ul style="list-style-type: none">▪ TECHNICAL EXCELLENCE▪ PHYSICAL STRENGTH▪ ELITE MINDSET▪ TACTICAL AWARENESS
PRO ACADEMY PLAYER ZOOM:	Q&A WHERE MARTIN AND HIS SON, MAN UTD PLAYER JACOB DEVANEY WILL ADVISE ON PARENT AND CHILD RELATIONSHIPS IN FOOTBALL



PHASE 4

PERFORMANCE MINDSET

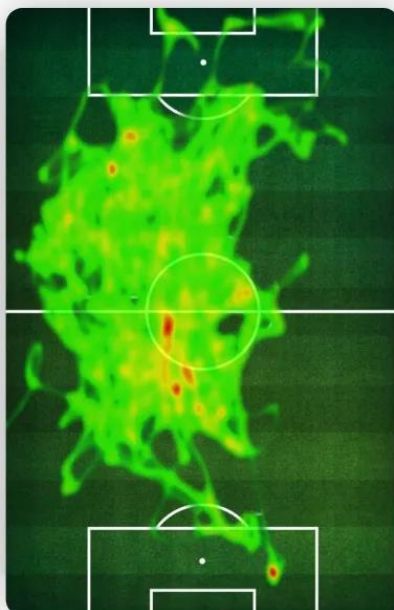
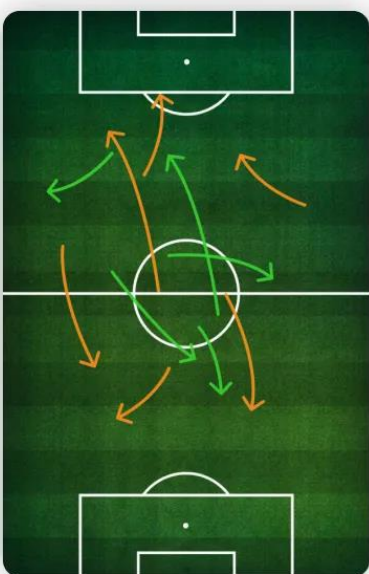
COACH	JIMMY WHITEHEAD
KEY FACTORS	<ul style="list-style-type: none"> ▪ VISION ▪ COMMUNICATION ▪ FOCUS ▪ RESILIANCE ▪ CONFIDENCE
PSYCHOLOGICAL ZOOM MEETING:	Q&A WHERE JIMMY WILL TALK ABOUT THE CONTRAST OF WORKING WITH ELITE ACADEMY PLAYERS DURING PRESEASON AND THE MENTALITY THEY DISPLAY



PHASE 5

TACTICAL AWARENESS

COACH	MARK TINKER
KEY FACTORS	<ul style="list-style-type: none">▪ PREPARING SPACE▪ MOVEMENT TO RECIEVE THE BALL▪ INTERCHANGE AND ROTATIONAL MOVEMENTS▪ POSITIONAL AWARENESS
TACTICAL ZOOM:	Q&A WHERE MARK WILL TALK ABOUT TACTICAL DIFFERENCES, HE HAS EXPERIENCED VISITING DIFFERENT ACADEMIES SUCH AS REAL MADRID, PARMA AND FIORENTINA TO ACADEMIES IN THE UK.



PHASE 6

1V1 TOURNAMENT

COACH(S)	JOE ACKROYD & MARK TINKER
KEY FACTORS	IN POSSESSION: <ul style="list-style-type: none">▪ RANGE OF SKILLS▪ SECURED FIRST TOUCH▪ DRIBBLING WITH THE BALL OUT OF POSSESSION: <ul style="list-style-type: none">▪ ANGLE AND TIMING OF APPROACH▪ BODY SHAPE▪ EXECUTION OF DUAL
ACADEMY JOURNEY ZOOM:	Q&A WHERE JOE WILL TALK ABOUT HIS TIME IN THE PROFESSIONAL ACADEMY STARTING AT 8 YEARS OLD ALL THE WAY THROUGH TO MAKING HIS PROFESSIONAL DEBUT

